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For further information visit: www.reflexzones.eu/energy-flow

All organ systems of our body can be reflectively influenced by certain zones of the feet. Pressuring the reflex-zones has a regulative influence on the inner organ system and the body functions. Each zone corresponds to the adequate organs or systems in the body, e.g. with the hormonal cycles or the nervous system, the metabolism and genitourinary system (all glands, heart, vessels, stomach, intestine, bladder and kidney, regenerative organs). The Energy Insole can have a relaxing impact and therewith activates the self-healing capabilities. Thus the whole energy process in the body can be healthy and harmoniously balanced. By means of the energy channels in the soles of foot, developed by Dr. med. Walter Mauch, the reflex-zones are combined as control circuits.

Hence not just one organ is selectively stimulated or sedated, but a circuit is made via the reflex-zone's control circuits and the soles of foot's energy channels Yin/Yang. As a consequence, the whole body's tension is balanced in the whole body, whereby the functions of the organ systems can be cohesively improved.

He has proven that there are three important control centres in the foot: In the foot the blood is switched from arterial to venous. By means of a reactive sensory changeover centre, a

of a reactive sensory changeover centre, a changeover from motoric to sensitive impulses occurs, therewith this is an energetic control centre from Yang energy to Yin energy. By means of this insole, the energy flow of the organism is activated analogously to the reflex-zones. It can influence the skin with its sensitive sensors tenses over the connective tissue sole plate. Balanced tenseness means less malfunction. The Energy Insole is effective on the head, chest and pelvis base via the reflex and Ipmph systems and via the feet sole plate on all control circuits of the reflex-zones. Our reflex-zone-bed is soft, effects a soft and stimulating massage and can be worn the whole day.

Feng Shui is a more than 3.500 years old science from China and its practice has its roots in five basic elements: Fire, Metal, Ground, Wood, Water.

These five elements are the supporting pillars of the Feng Shui practice. Each element can contain either Yin or Yang attributes. If energy shall flow, a force is always necessary. In Feng Shui these poles are Yin & Yang.

Speaking about Feng Shui balance refers to its optimal balance. All energies of the earth are related to either Yin or Yang.



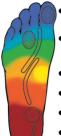
TYPE



original REFLEX-ZONE-BED

international patent and trademark rights

A stimulation by means of the reflex-zone-bed aims to:



- the energy flow Yin/Yang, which takes precedence over all vital functions
- the sole plate of the connective tissue of the feet, the energetic control centre from Yin to Yang eneray
- the energetic control centres of the head the skin's tension with
- its sensitive sensors the reflex and lymph circulation systems
- all control circuits of the feet's reflex-zones

The reflex-zone massage is known from experienced medical science. It is about traditional knowledge, which, in fact, has not been scientifically examined in detail so far.

Important areas of zones:



- 1. Calvaria
- 2. Pituitary Gland
- 3. Shoulder Girdle
- 4. Upper Lymphatics
- 5. Thyroid Gland 6. Neck Area
- 7. Luna
- 8 Liver 9. Solar Plexus
- 10. Stomach 11 Pancreas
- 12. Kidney, Adrenal Gland, Gall
- 13. Spleen (only on the left)
- 14 Transverse Colon 15. Ascending Colon
- 16. Descending Colon
- 17 Small Intestine
- 18. Pelvic Region 19. Abdomen
- 20. Vertebral Column

This schematic diagram displays a variety of zones at the sole of foot. You can also find detailed drawings in technical literature. All classical presentations of the zones of the organs are based on the research and statements of E. Ingham.

Our trademarks:











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