

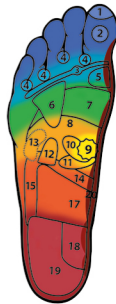
Feng Shui
Ying / Yang

A stimulation by means of the reflex-zone-bed aims to:

- the energy flow Yin/Yang, which takes precedence over all vital functions
- the sole plate of the connective tissue of the feet, the energetic control centre from Yin to Yang energy
- the energetic control centres of the head
- the skin's tension with its sensitive sensors
- the reflex and lymph circulation systems
- all control circuits of the feet's reflex-zones

The reflex-zone massage is known from experienced medical science. It is about traditional knowledge, which, in fact, has not been scientifically examined in detail so far.

Important areas of zones:



1. Calvaria
2. Pituitary Gland
3. Shoulder Girdle
4. Upper Lymphatics
5. Thyroid Gland
6. Neck Area
7. Lung
8. Liver
9. Solar Plexus
10. Stomach
11. Pancreas
12. Kidney, Adrenal Gland, Gall
13. Spleen (only on the left)
14. Transverse Colon
15. Ascending Colon
16. Descending Colon
17. Small Intestine
18. Pelvic Region
19. Abdomen
20. Vertebral Column

This schematic diagram displays a variety of zones at the sole of foot. You can also find detailed drawings in technical literature. All classical presentations of the zones of the organs are based on the research and statements of E. Ingham.

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